



## CCA Master Class Webinar - Resource Links:

Patient Buy In. How to maintain a patient relationship after the first visit and build compliance to care recommendations

[www.drrichardmcilmoyle.com](http://www.drrichardmcilmoyle.com)

### What builds the relationship with our patients?

- Babatunde, F., Macdermid, J., & Macintyre, N. (n.d.). Characteristics of therapeutic alliance in musculoskeletal physiotherapy and occupational therapy practice: a scoping review of the literature. <https://doi.org/10.1186/s12913-017-2311-3>

### Why does exercise prescription selection succeed or not?

Stilwell, P., & Harman, K. (2017). 'I didn't pay her to teach me how to fix my back': a focused ethnographic study exploring chiropractors' and chiropractic patients' experiences and beliefs regarding exercise adherence. *Journal of the Canadian Chiropractic Association*, 61(3), 219–230. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5799845/>

### The process of MI builds therapeutic alliance

- Cheng, M. K. S. (2007, June). New Approaches for Creating the Therapeutic Alliance: Solution-Focused Interviewing, Motivational Interviewing, and the Medication Interest Model. *Psychiatric Clinics of North America*. <https://doi.org/10.1016/j.psc.2007.01.003>
- Kinney, M., Seider, J., Beaty, A. F., Coughlin, K., Dyal, M., & Clewley, D. (2018). The impact of therapeutic alliance in physical therapy for chronic musculoskeletal pain: A systematic review of the literature. *Physiotherapy Theory and Practice*, 1–13. <https://doi.org/10.1080/09593985.2018.1516015>

### Motivational Interviewing References

- O'Halloran, P. D., Blackstock, F., Shields, N., Holland, A., Iles, R., Kingsley, M., ... Taylor, N. F. (2014). Motivational interviewing to increase physical activity in people with chronic health conditions: A systematic review and meta-analysis. *Clinical Rehabilitation*, 28(12), 1159–1171. <https://doi.org/10.1177/0269215514536210>
- Cheng, M. K. S. (2007, June). New Approaches for Creating the Therapeutic Alliance: Solution-Focused Interviewing, Motivational Interviewing, and the Medication Interest Model. *Psychiatric Clinics of North America*. <https://doi.org/10.1016/j.psc.2007.01.003>
- [Peter O'Sullivan interviews Martin](#)