

Why see a chiropractor?

Association
chiropratique
canadienne



Canadian
Chiropractic
Association

Pain changes everything. Chiropractic care changes pain.

You want to live a healthy, active life. But day-to-day life puts demands on your spine, muscle and nervous system.

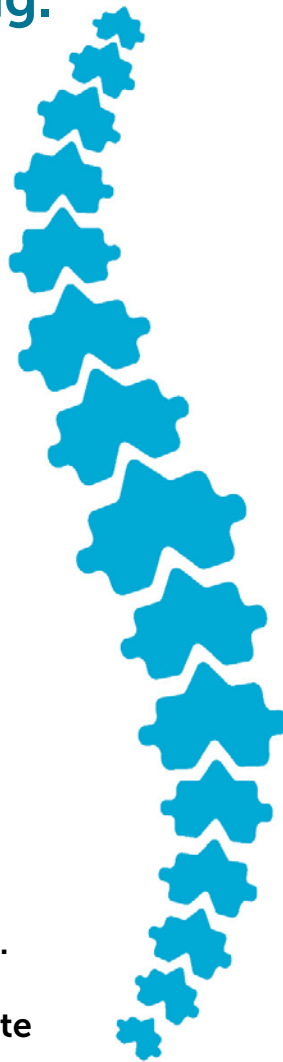
Chiropractors

- Diagnose and treat causes of pain
- Use a hands-on, non-invasive, drugless approach
- Correct joint motion and restore proper movement

**7.3 MILLION
CANADIANS**



Suffer from chronic pain. Back pain is the leading type. 2/3 report moderate to severe pain.



**4.7 MILLION
CANADIANS**

16% of the adult population - visited one of Canada's 9,000 chiropractors in 2019

What type of pain do chiropractors treat?

- Neck and back
- Some types of headaches and migraines
- Strains and sprains
- Arthritis



3 benefits of seeing a chiropractor

1. Relieve pain and prevent it from returning
2. Improve movement in neck, shoulders, back and torso
3. Treat and prevent muscle and joint injuries

Is a chiropractor right for me?

You do not need a referral to visit a chiropractor. Find a chiropractor near you at

chiropractic.ca/find-a-chiro



Canadian Chiropractic Association

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